

Hopefully your child will thoroughly enjoy this introduction to sailing and it is possible to use the club boats outside sail training sessions. There is a folder for booking and signing the boats in and out in the clubhouse. If your child wants to continue throughout the year you need to find a club near your home. There are many sailing clubs around the country and a list may be found on the RYA website www.rya.org.uk— there is a section headed ‘Where’s my nearest?’

Some clubs will be better for juniors than others so please ask for advice from senior club members who can find out for you.

Most clubs will have a website which should have contact numbers.

Questions you might like to ask potential clubs:

1. How old do children have to be to join on their own?
2. How much would family membership be?
3. Do you do any training for juniors or do you just run courses? Some clubs run courses working towards RYA certificates. Others are more like our sail training.
4. Ask about appropriate clothing for winter months. Not all clubs sail for 12 months of the year but maybe open for social events.



Red Wharf Bay Sailing and Watersports Club

A Parents guide to Junior Sail Training

Things you may want to know
the answer to but don't want
to ask!

If the answer is not here—
please do ask

First book your place as spaces are limited. The cost is £2.50 a session. The Youth Sailing Co-ordinator is David Griffiths and his contact details are:

Tros-y-mynydd
Mynydd Eilian
Llaneilian
Ynys Mon
01407 830458
gilladavies@aol.com

1. Turn up at the sailing club at 9.30 a.m. for a 10.00 a.m. start suitably dressed in wetsuit etc.
2. Before long you may have a boat of your own or a club boat to rig so leave plenty of time.
3. Parents are expected to stay on shore whilst their children are participating and it is immensely helpful if they can help launch and recover the boats from their trolleys. (**you** don't need to wear a wet suit for this but wellies might be good and wet knickers are a well known hazard).
4. Coffee and cake is on sale in the clubhouse and you are welcome to come in and chat to the other members.
5. When the sail training is finished the children will be expected to attend the debriefing session and help to put away the boats they have been sailing, RIBs etc.

This is the completion of the sail training session and is usually between 12.30 p.m. and 1.00 p.m.

Lunch will be available at £2.00 from the galley on Tuesday and Thursday - please make sure your child orders before taking to the water.

There will hopefully be racing in the afternoon in which everyone can take part. This is a good way to practice what the children have learnt in the morning.

Jeans Jug is a race just for juniors and 1280+ is a race for small boats (i.e. toppers, mirrors etc.)

If you don't have your own boat please ask if one of the club boats is available if you would like to join in.

Kit :

Lifejacket: your child will not be allowed on the water without one (in any conditions). We do have some which may be borrowed.

Wet suit or warm clothing (even on an sunny day).

Wet suit boots or shoes (to protect their feet and make walking on the beach easier)

Depending on the weather:

Hat for sun and sun cream

Spray top / cagoule - which will cut down on wind chill and help keep them warm.

Gloves

Cheap waterproof watch with countdown if you want to start racing